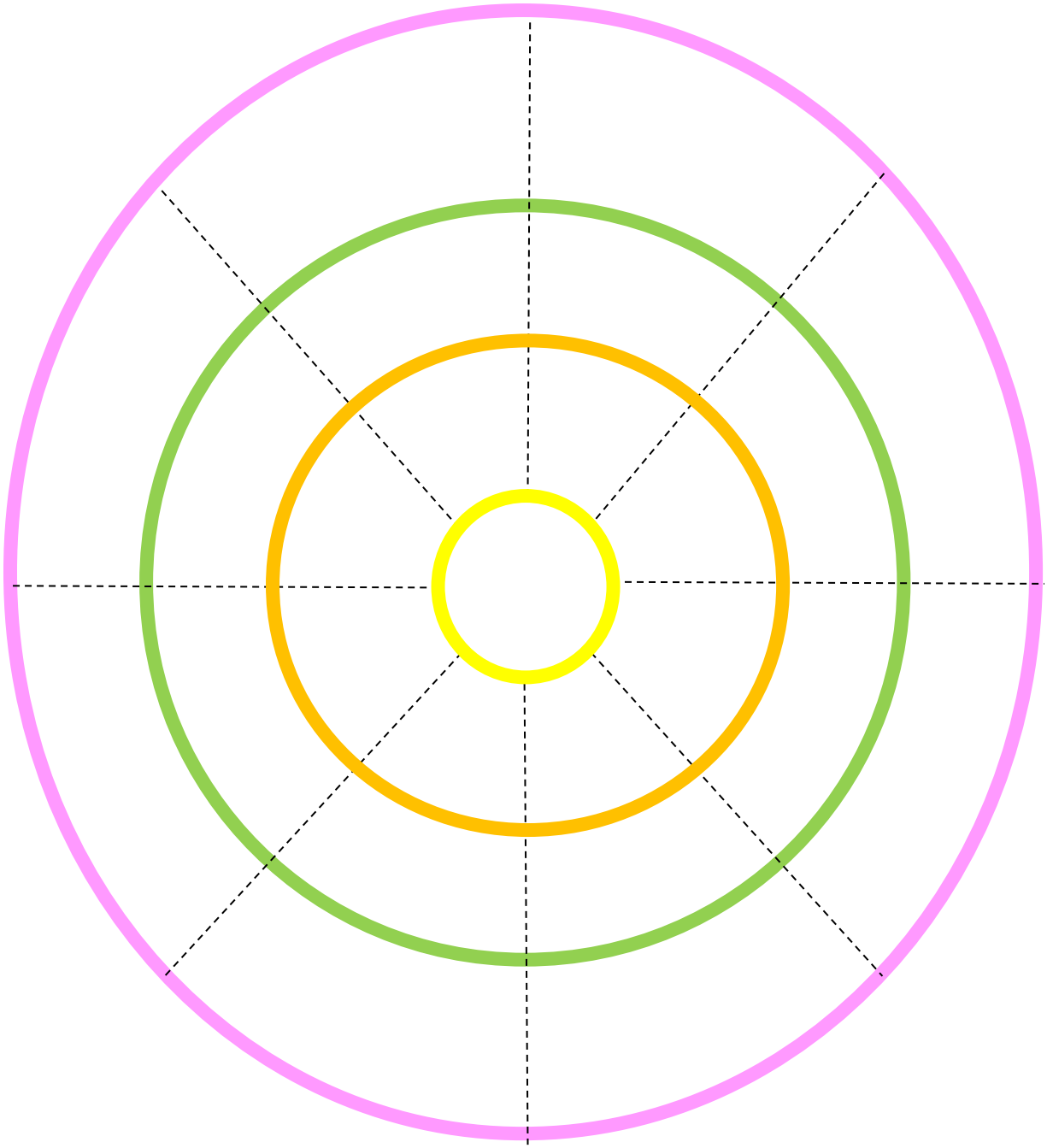Mein persönliches Glücksrad